

**National Association of Composers/USA
Mid-Atlantic Chapter
“The Songs of Spring”**

**Coastal Virginia Unitarian Universalists, Virginia Beach
Saturday, March 16, 2024, 1:00 PM**

The Lake Isle of Innisfree **Paul Kim**
Liana Valente, soprano; Jeanette Winsor, piano.

Marumsko **Joe Alexander**
Harvey Stokes, sound file.

A Dream Within a Dream **Ian Guthrie**
Liana Valente, soprano; Jeanette Winsor, piano.

The Faerie Queen **John Winsor**
The Hardwick Chamber Ensemble
Natalia Goodloe and Paul Kim, violins; Rebecca Kim, viola; Dionne Smith, cello; Jeanette Winsor, piano.

“Spring” from *Where Dreams Come True* **Ian Guthrie**
Liana Valente, soprano; Jeanette Winsor, piano.

Ocean of Glass (2021) **Jennifer Barker**
The Tiger Lily Trio
Eileen Grycky, flute; Christopher Nichols, clarinet; Christine Delbeau, piano.

Requiem for Dreams **Betty Wishart**
Liana Valente, soprano; Harvey Stokes, speaker; Jeanette Winsor, piano.

Program Notes

Paul Kim – The Lake Isle of Innisfree

“The Lake Isle of Innisfree” is a poem written in 1888 by William Butler Yeats (1865–1939). It refers to an uninhabited island in the Irish lake Lough Gill, where the poet longs for a peaceful existence away from a lackluster city life. The words reflect fulfillment cultivated not just from communion with nature but also through patient, quiet labor.

I will arise and go now, and go to Innisfree,
And a small cabin build there, of clay and wattles made:
Nine bean-rows will I have there, a hive for the honey-bee;
And live alone in the bee-loud glade.

And I shall have some peace there, for peace comes dropping slow,
Dropping from the veils of the morning to where the cricket sings;
There midnight's all a glimmer, and noon a purple glow,
And evening full of the linnet's wings.

I will arise and go now, for always night and day
I hear lake water lapping with low sounds by the shore;
While I stand on the roadway, or on the pavements grey,
I hear it in the deep heart's core.

Joe Alexander – Marumsco

In the fall of 2016, while getting ready to walk on stage and perform on a Mid-South NACUSA concert, a trumpet player who had just finished performing his piece, spoke to me about writing a new composition for trumpet and sound file. James Zingara, the trumpet teacher at the University of Alabama at Birmingham, wanted a short piece which he could “take on the road”. During the summer of 2017, I composed *Chopawamsic*. The initial concepts for the piece were based on Indian locations where I grew up in Prince William County, Virginia. The idea for the *Marumsco* composition was to further develop the sound file portion of *Chopawamsic* and create a new sound file composition. The sound file parts for both pieces were created using sounds from a *Native American Indian CD* from *Acid Loops*. Many of these sounds were digitally modified using Sound Forge, and then assembled in Audacity.

Ian Guthrie – A Dream Within a Dream

Text by Edgar Allan Poe (1809-1849).

John Winsor – The Faerie Queen

The Faerie Queen is one of several neoimpressionistic pieces I've written recently. It employs quartal harmony similar to that of Paul Hindemith, but also attractive and pleasant instrumental colors and structural transparency that resemble the music of Maurice Ravel. It's a fairly calm and atmospheric piece that is intended to evoke the impression of fairies flitting about.

Ian Guthrie – “Spring” from Where Dreams Come True

Text by Sara Teasedale (“April Song”).

Jennifer Barker – Ocean of Glass (2021)

Ocean of Glass was commissioned by flutist, Eileen Grycky, for premiere at the 2021 National Flute Association Convention. The premiere was presented virtually on August 13th 2021 by the Tiger Lily Trio. The trio subsequently recorded the work for release on Meyer Media LLC's *Transcontinental: Music Without Borders* album, which was awarded two Silver Medals in the 2023 Global Music Awards. The work was inspired by the composer's June 2019 journey through Alaska's Inside Passage.

Betty Wishart – Requiem for Dreams

Abuse appears in various forms - emotional, psychological, and physical – and happens to people regardless of ethnicity, gender, or background. When a person is unaware of the potential signs, he/she is easy prey. Once the downward spiral begins in a relationship, it is difficult to change the situation. To escape an abusive relationship, the victim must gather previously unknown strength and escape. Only then can the survivor find peace.

Biographies

Composer, theorist, and tuba player, **Joe L. Alexander** (1958-2023) joined the faculty of Mississippi University for Women's Department of Music in the fall of 2016. He was previously on the faculties of Louisiana Tech University, Bossier Parish Community College, Centenary College of Louisiana, Birmingham-Southern College, the University of Alabama at Birmingham, Samford University, the University of Alabama, Judson College, the University of Montevallo, Lamar University, East Central University (Ada, Oklahoma), University of North Texas, and James Madison University. He holds degrees from East Carolina University (B.M. in Music Education), James Madison University (M.M. in Theory/Composition), and the University of North Texas (D.M.A. in Composition, with extensive theory minor). He studied composition with Newel Kay Brown, Douglas Knehans, Alan Leichtling, Martin Mailman, Cindy McTee, and James Riley; and tuba with Bruce Mosier, Ken Meisinger and James Michael Dunn. In the fall of 2021, Mississippi University for Women promoted Alexander to Full Professor, where he teaches Theory, Composition, and Brass. Past service to the profession includes serving as Secretary-Treasurer for the Southern Chapter of the College Music Society; Secretary, Vice-President, and President for the Southeastern Composers' League; Treasurer, Vice-President, and President of the Mid-South Chapter of NACUSA as well as National Treasurer; and chair of the National Advisory Council for NACUSA.

Described as "a composer of profound sensibility", Scottish-American **Jennifer Margaret Barker** has received performances of her compositions on five continents. Hailed by critics as "extraordinarily moving", "soul-stirring", "at once gripping and timeless", "show-stopping", "anything but passive", "blazingly alive, with lovely, aching melodies", "haunting", "beautiful...warm", and "illuminated by dreamy images", her compositions have been performed by orchestras such as the Saint Louis Symphony Orchestra, the Detroit Symphony Orchestra, the New Jersey Symphony Orchestra and the Virginia Symphony; chamber and choral ensembles such as Vocali3e, Orchestra 2001, Network for New Music, Vocal de Cámara Platense and the Bearsden Choir; and an extensive list of international artists including British pianist Martin Jones and American pianist Jeffrey Jacob. Among her recent composition awards are the 2022 Miriam Gideon Prize from the International Alliance for Women in Music; the 2022 New Ariel Piano Composition Competition; the 2021 Masters Fellowship Award from the Delaware Division of the Arts for artistic excellence and contributions to the State of Delaware; two awards, in 2020 and 2019 from The American Prize; and the 2018 Pi Kappa Lambda Chamber Work Composition-Competition Commission. Recent international festivals in which her music has been featured include Malta's Victoria International Arts Festival, Brazil's Festival Internacional Compositores de Hoje and Scotland's Edinburgh International Arts Festival. Her compositions have been featured on documentaries and promotional videos; exhibited as music-video art in galleries; utilized as underscoring to theatrical productions; and broadcast on American public radio (including 'Performance Today'), Canadian radio, Hong Kong radio, Swedish radio and the BBC. Published by Boosey & Hawkes, Theodore Presser, Southern Percussion, Vanderbeek & Imrie and McKenna-Keddie, Barker's compositions have been released on the Naxos, Albany, New World Records, Composers Recordings Inc., Meyer Media, and PnOVA labels. Dr. Barker is Professor of Composition/Theory at the University of Delaware. In 2022 she received the University of Delaware College of Arts and Sciences Outstanding Scholarship Award.

Pianist **Christine Delbeau** has performed as a soloist and collaborative pianist in the nation's most prestigious concert halls, including the Kennedy Center, Carnegie-Weill Recital Hall, Boston's Jordan Hall, Philadelphia's Verizon Hall at the Kimmel Center, and she has played in concerts abroad at the Théâtre du Châtelet in Paris and the Tonhalle in Zurich. She has performed in numerous chamber music recitals with concertmasters and principal members of the Philadelphia Orchestra, the Chicago Symphony Orchestra, and the Los Angeles Philharmonic. Christine Delbeau has also performed in the Fiddlefest Gala Concert, which took place at Carnegie Hall in New York City. In addition to numerous regional and national recital appearances, performances have included invitations to play with colleagues and guest artists at the Society of Composers Inc. National Conference in Albuquerque, NM, the NACWPI International Conference in Vancouver, BC, and she has performed on several occasions for the Victoria International Arts Festival, Gozo, Malta. She has collaborated with colleagues at the International Clarinet Association Festival and has also performed with them at several National Flute Conventions. Christine Delbeau is Professor of Piano at the University of Delaware, where she teaches applied piano, chamber music, keyboard literature, and piano pedagogy. She frequently presents master classes and serves as an adjudicator in the region and beyond. Former students have successful careers as performers and pedagogues throughout the United States and abroad.

Biographies (cont'd)

Natalia Goodloe began to study violin at the age of seven. After graduation from the Ural State Conservatory in 1997, she moved to Moscow and became a member of the Moscow Chamber Orchestra "The Seasons" and the Moscow State Theater "Helikon Opera." She has performed with these groups around the world in many prominent concert halls, such as the Grand Hall of Moscow Conservatory, the Tchaikovsky Concert Hall, National Chiang Kai-shek Cultural Center in Taipei (Taiwan), Bolshoi Theater, and many other concert venues of Russia. With "The Seasons" orchestra she made several recordings for the "Mosfilm" and the "Melodia" studios. She has played in China, Great Britain, Taiwan, Italy, and Germany. She has completed her Bachelor's and Master's degrees in Music Education with honors at Old Dominion University in Norfolk. She won the 2002 Old Dominion University Concerto Competition and performed as soloist with the ODU Symphony. She was granted numerous awards, including 2002 – 2003 Old Dominion University International Leadership Award, 2001 Old Dominion University Music Department String Scholarship, 2001 –2002 Jerome J. Kern Scholarship, and 2004 - 2006 F. Ludwig Diehn Scholarship. She studied violin with Irina Golovanova and Dr. Vladimir Reva in Russia and Vahn Armstrong in the United States. Currently, she teaches Orchestra in Virginia Beach City Public Schools, Violin and Music Appreciation at Tidewater Community College, and actively performs

Eileen Grycky is professor of flute at the University of Delaware School of Music and a recipient of the University's Excellence in Teaching Award. She performs with two ensembles-in-residence at UD: Tiger Lily Trio, flute, clarinet, and piano, and Christiana Winds, the faculty woodwind quintet. The Tiger Lily Trio recently performed at an international festival in Malta. Both the quintet and the trio have been active in commissioning many new works by composers including Robert Maggio, Daniel Dorff, Cynthia Folio, and Jennifer Margaret Barker. Ms. Grycky is a member of the orchestra of the Opera Philadelphia and the Delaware Symphony. In addition, she maintains a busy performing and recording schedule with Brandywine Baroque, a noted period instrument ensemble. She appears on many recordings with the Brandywine Baroque as well as on recordings with guitarist Christiaan Taggart, the Christiana Winds, and the Delaware Symphony. Ms. Grycky is also a member of the Serafin Ensemble, a chamber group in Wilmington with artists from throughout the United States. She is frequent performer at the National Flute Association Conventions, and she has served on the NFA's Diversity and Inclusion Committee. Ms. Grycky is a strong proponent of the music of women, minorities, and under-represented populations. At UD she is the founder and artistic director of a concert series, Tiger Lily Music: Celebrating the Works of Women, African American, and Latino Composers. Ms. Grycky is a graduate of the Oberlin Conservatory and the New England Conservatory.

Currently based in the Kansas City area, **Ian Evans Guthrie** has received the Mile High Freedom Bands 2021 Commission, a nomination for a 2020 award from the American Academy of Arts and Letters, 1st prize for the Arcady Composition Competition, twice received 2nd prize for the American Prize, and other accolades for his compositions. Many of his works have been performed publicly around the world by fEARnoMUSIC, the Northwest Symphony Orchestra, Dakota Valley Symphony, Erik Drescher, Del Sol String Quartet, and others, with works published by Verlag Neue Musik and T.U.X. People's Music. He has served on various committees, including NACUSA, where he is the National Treasurer, and the Society of Composers, Inc., where he is the Marketer. His most recent works include choral works for various ensembles in the Kansas City area. As a pianist, Guthrie has won awards from MTNA, the Great Composer Competition, and others, and actively accompanies instrumentalists, vocalists, and dancers, most recently the Interlochen Center for the Arts and Kansas City Ballet School. He has studied composition with Ellen Taaffe Zwilich, Stephen Montague, Mark Wingate, and others, and piano with John Owings, Gloria Lin, Heidi Louise Williams, and Renato Fabbro.

Conductor, composer, violinist, and educator **Paul Sanho Kim** is an associate professor at Old Dominion University, where he directs the ODU Symphony Orchestra, teaches violin and conducting, and coordinates the strings area. He also serves as music director of the Orchestra of the Eastern Shore and was for five years the symphony orchestra conductor of the Czech Music Camp for Youth. Kim was the conductor and producer for the album *Carl Roskott: Works for Violin*, released by Centaur Records. Named the Virginia Music Teachers Association's Commissioned Composer in 2022, Kim has written over thirty original works, including orchestral works performed by the Virginia Symphony Orchestra and Virginia Beach's Symphonicity. Kim arranged Radiohead songs for string quintet SYBARITE5 that have been released on the album *Everything in Its Right Place* and have been performed on NPR's *Performance Today* as well as at Carnegie Hall and Lincoln Center. *Where Darkness Meets Light*, a multimedia composition for violin and cello, was performed at the Chrysler Museum of Art in Virginia and at the 2017 Glass Art Society Conference to critical acclaim, and a digital album of the music (with Kim on violin) is available on iTunes. As a violinist, Kim is a member of the Roanoke Symphony Orchestra and has performed with the Virginia Symphony and Maryland Symphony, as well as internationally. Dr. Kim holds graduate music degrees from the University of Virginia, the University of Maryland, and Shenandoah Conservatory. Kim also served as a sergeant in the U.S. Marine Corps Reserve.

Biographies (cont'd)

Rebecca Kim has a background in music performance and music education, holding degrees from James Madison University, The Boston Conservatory, and East Carolina University. More recently, she was a member of the Global Leaders' Institute 2022 Cohort, where she received an Executive Certificate in Social Entrepreneurship and Arts Innovation. Rebecca's main fascination is the transformative power of music, and how it can help society. She is currently the program manager at Soundscapes, an El Sistema-inspired program in Newport News, VA.

Debora Madsen, soprano, earned a BA in music from Luther College, in Decorah, Iowa and a Master of Arts degree in vocal performance from George Mason University. She also attended the University of Wisconsin in Whitewater, where she studied the Kodály approach to music education and was a member of the Opera Workshop. She has appeared as soloist in opera and oratorio performances at The National Cathedral, The National Presbyterian Church, The Barns of Wolf Trap and the Terrace Theatre of the Kennedy Center. She performs regularly in recitals for The Friday Morning Music Club where she has presented programs of German, French, Scandinavian, Italian and Spanish music in addition to several programs in English featuring music by contemporary American composers.

Critically acclaimed clarinetist **Christopher Nichols** enjoys a dynamic career with performances across the United States and in Italy, Costa Rica, Belgium, Malta, Canada, and the Netherlands. A native of Allentown, Pennsylvania, Nichols studied clarinet performance at the Boston Conservatory (BM), Kansas State University (MM), and the University of Kansas (DMA). He joined the faculty of the University of Delaware School of Music in 2013 where he is Associate Professor of Clarinet. Nichols regularly performs with orchestras throughout the Mid-Atlantic and is a member of Christiana Winds. He has recently collaborated with the acclaimed Serafin Ensemble, the Copeland Quartet, as well as members of the Philadelphia Orchestra, Detroit Symphony Orchestra, New York Philharmonic and Baltimore Symphony Orchestra. He has served for over a decade in Army Bands and is currently the first sergeant of the 287th Army Band in Wilmington, Delaware. Additionally, the Australian Broadcasting Corporation and public radio in Kansas, Vermont, New Hampshire, New York and Michigan, have broadcast his recordings. In 2015, the Delaware Division of the Arts awarded him an Established Artist Fellowship recognizing his work as a solo recitalist. He has released solo and chamber music recordings on internationally distributed labels including Navona Records, Viduus Records and Albany Records, which have won praise in publications such as *Gramophone*, *Fanfare*, *NACWPI Journal*, *De Klarinet*, and *Pizzicato*.

Cellist **Dionne Smith** has shared the stage with a variety of musicians including Celtic Women, Tommy Lee, Richard Marx, Kathy Mattea, and Johnny Mathis. She has performed in Bath, England, in the Soesterberg International Music Festival in Holland, as principal cellist of the Dublin Music Festival in Ireland and in the Bowdoin Chamber Music Festival in Maine. Mrs. Smith has performed in the sections of several symphony orchestras throughout the region, including the Williamsburg Symphony, the Virginia Symphony, and the Harlem Symphony, and currently performs with the Arte Musicale Ensemble and Hardwick Chamber Ensemble, featuring the music of living composers. An avid teacher, Mrs. Smith has served on the faculty of Chowan University, Christopher Newport University, Tidewater Community College, Old Dominion University's Community Music Division and the Governor's School for the Arts. She currently teaches at Saint Patrick Catholic School, while also maintaining a private studio. Dionne received her Master of Music Degree from the Pennsylvania State University where she was awarded a teaching assistantship under Kim Cook. Her Bachelor of Music Degree is from Ohio University, where she studied with Mark Schroeder, and graduated *Magna Cum Laude*.

Harvey J. Stokes is Professor of Music at Hampton University, where he also is the Founder and Director of the Computer Music Laboratory. He has taught also at Miami University, Christopher Newport University, and the College of William and Mary. His degrees are from Michigan State University (Ph. D.), The University of Georgia (M. M.), and East Carolina University (B. M.). His composition instructors include Drs. Brett Watson, Alan Leichtling, John Corina, Lewis Nielson, Jere Hutcheson, and Charles Ruggerio. Currently, he serves on the National Council of the Society of Composers, Inc. and as a past-President of the Southeastern Composers League. Additionally, several composer residencies have been completed at West Chester University, Chowan University, and the University of Tennessee at Chattanooga. He is the author of two books on music as well as an award-winning composer of numerous works, and these works are available from Seesaw Music (c/o Subito Music Corporation), Ars Nova Music, Centaur Records, Albany Records, and Harkie Music. His works have been performed recently in Hong Kong, Argentina, France, Canada, and the United States.

Biographies (cont'd)

Admired for her performances of traditional opera and song literature, soprano **Liana Valente** is recognized as a thoughtful interpreter of modern art music, performing premieres and commissioning works from a diverse list of composers each year. She has performed throughout the US and abroad, presenting at international conferences including the College Music Society International Conference in Australia and Festival 500 Phenomenon of Singing International Symposium in Canada. She has presented at national and regional CMS, NFMCS, NATS, MTNA, and SAI conferences that have focused on the collaborative process, music of contemporary women composers, expanding the classical vocal canon, advanced vocal techniques, sight-singing in the piano studio, and lecture recitals highlighting music she commissioned. Dr. Valente serves as the National Federation of Music Clubs Representative to the United Nations Department of Global Communications and is the Shared Voices Program Coordinator with The Denyce Graves Foundation. A member of the Scherzo Music Club of Norfolk, she and her husband now live in Virginia Beach. She is honored to be performing on today's program and looks forward to many more collaborations with NACUSA.

Jeanette Winsor studied piano with Clifford Herzer, Lois Rova Ozanich, and Shirley Harrison. She received a Bachelor of Music degree *cum laude* from Heidelberg University and a Master of Music degree in piano performance from Kent State University. She has occasionally coached with Thomas Schumacher. She teaches piano in her studio in Virginia Beach, is the Head of Keyboard Studies at Tidewater Community College and teaches applied piano and Class Piano at the Norfolk Campus of TCC, and is a piano instructor at the Virginia Governor's School for the Arts. She accompanies the Virginia Beach Chorale and is the pianist for the Hardwick Chamber Ensemble. Jeanette holds National and State Professional Teaching Certificates from MTNA and VMTA as well as certification through the American College of Musicians. She is the past MTNA Southern Division Competitions Chair, and is a past president of the Virginia Music Teachers Association and Tidewater Music Teachers Forum. Her articles on piano pedagogy have been published by Piano Guild Notes, and she serves as an adjudicator for the National Guild of Piano Teachers. She frequently appears as a collaborative pianist, solo pianist, and lecturer.

John Winsor (B.Mus., Heidelberg University; M.A., Kent State University) has taught music theory at the Armed Forces School of Music and the Virginia Governor's School for the Arts (GSA). He has also taught clarinet at GSA and Tidewater Community College (TCC). He is the Hardwick Chamber Ensemble's clarinetist and composer-in-residence and has been webmaster for major American nonprofit music organizations such as the MusicLink Foundation, Virginia Music Teachers Association (VMTA), New York Women Composers, founder of NACUSA/Mid-Atlantic, and a past chairman of NACUSA's board of directors. John's composition prizes include two Delius Awards, six VMTA Commissions, the Modern Music Festival 2000 International Film Scoring prize, among others. He has received ASCAP "Plus" awards almost every year since 1994 and grants from the American Music Center, Meet the Composer, and the Music in Motion dance company, among others. He is author of *Breaking the Sound Barrier: An Argument for Mainstream Literary Music*, which received the iUniverse Writer's Showcase, Editor's Choice, and Reader's Choice awards and a Bronze Medal in *ForeWord Magazine's* 2003 Book of the Year competition.

Betty Wishart received degrees in piano performance from Queens University, the University of North Carolina at Chapel Hill, and pursued further studies in piano and composition in New York City. Her music, lauded as "exceptional", "beguiling", and "intriguing", has been performed in Greece, Italy, France, Germany, Russia, South Korea and at diverse venues throughout the United States. Wishart has received awards from the National League of American Pen Women, Neue Musik Frankfurt, Composers Guild, American College of Musicians; grants from the Arts Council of Fayetteville and Cumberland County, the United Arts Council of Raleigh and Wake County and the North Carolina Arts Council, ASCAP special awards, and the Albert Nelson Marquis Lifetime Achievement Award in Music. In 2022 she was a finalist in the instrumental chamber music division of the American Prize Competition, and a semi-finalist in both vocal and instrumental chamber music in 2023. Recordings of her music are available on the Ravello, Navona, Sarton, and Phasma-Music labels. For more information, visit bettywishart.com.

Great Music. Made in America.

The National Association of Composers/USA (NACUSA) is a 501(c)(3) nonprofit organization. Founded by Henry Hadley in 1933, it is one of the oldest organizations devoted to the promotion and performance of American concert hall music. Many of America's most distinguished composers have been among its members. NACUSA presents several chamber music concerts each year that feature music by its members. We also have a searchable online score catalog, a web radio station, and pages for listing CDs, video recordings, lectures, interviews, and performances.

NACUSA/Mid-Atlantic is also a 501(c)(3) nonprofit organization. It was founded in 1997 by John Winsor. Between 1998 and 2015, we presented 22 chamber music concerts at colleges and universities and in churches and libraries in Virginia and North Carolina. After a hiatus from then until 2021, we've revived our chapter. On our Current Events page, we publish calls for scores and other opportunities as they arise. We also list information about upcoming events. Please check our website if you're interested in following our activities or you're a member or you're thinking about joining us.

<https://www.nacusa-ma.org>

<https://www.youtube.com/@nacusamid-atlantic714>

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The Hardwick Chamber Ensemble is a 501(c)(3) nonprofit organization. Its objectives are to foster the community's appreciation of classical chamber music and cultivate understanding, taste, and love of music. It was formed in 1988 as a performing ensemble for Young Audiences of Virginia, Inc. The HCE has performed assembly programs for thousands of Virginia's school children. They have also performed in over 200 concerts for colleges, universities, and other presenting organizations throughout Virginia and, occasionally, in New York, Los Angeles, Philadelphia, and elsewhere. The HCE has received grants from the arts commissions of Chesapeake, Norfolk, and Virginia Beach and from the Virginia Commission for the Arts.

Tiger Lily Trio is a faculty-ensemble-in residence at the University of Delaware School of Music. Its members include Eileen Grycky, flute; Christopher Nichols, clarinet and Christine Delbeau, piano. The trio's performances of contemporary literature by living composers have garnered it invitations to appear throughout North America and Europe at the 2021 National Flute Association Convention (virtual), the 2017 National Association of Collegiate Wind and Percussion Instructors Conference in Vancouver, and the Victoria International Arts Festival in Gozo, Malta. It is dedicated to performing the music of marginalized composers and active in commissioning new works for the medium. Recent commissions include trios by Jennifer Margaret Barker, Anthony O'Toole, Roger Zare and Cynthia Folio.